THE FOUR YEAR PLAN

You asked, we created! If you're in a traditional high school setting, you may want to spread *Equipped for Life Academy* out over four years. The Four Year Plan makes *EFLA* less time consuming for individual teachers to implement, and it enables you to save more philosophically challenging material for the older grades. It also helps students retain the information and cultivate a deeper understanding of the importance of pro-life issues, as they will engage with the issue of abortion every year in this model.

While you are always welcome to mix and match lessons to create your own plan for teaching *EFLA*, here is our recommendation for spreading the curriculum over four years. The Four Year Plan was created in consultation with the Catholic Diocese of Lansing, Michigan, who are implementing *EFLA* using this method.

FRESHMEN

LISTENING & LOVING WELL IN THE ABORTION DEBATE (4 DAYS)

- **Lesson 1**: *Equipped for Life Academy*, An Introduction
- **Lesson 2**: Practical Dialogue Tips
  - We recommend spreading out this lesson over two days, adding in a dialogue activity not about abortion where students simply get practice using practical dialogue tips in regular discussion. Incorporate and point out practical dialogue tips in the regular daily discussions of the classroom throughout the rest of the year.
- **Lesson 4A**: Pregnant and Parenting in Your Community

SOPHOMORES

FOUNDATIONAL IDEAS OF THE ABORTION DEBATE (4 DAYS)

- **Lesson 1A**: Abortion History
- **Lesson 3**: Trot Out a Toddler
- **Lesson 4**: Hard Cases
- **Lesson 5**: The Biological Case for the Unborn

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JUNIORS

THE STRONGEST PRO-LIFE ARGUMENT: UNDERSTANDING HUMAN VALUE (5 DAYS)

- Spend a day reviewing and practicing how to *Trot Out a Toddler* and *Hard Cases* (**Lessons 3 and 4**, which they learned as sophomores)
- **Lesson 6**: The Equal Rights Argument

  We recommend spreading out this lesson over two days, allowing additional time for students to practice the argument.
- **Lesson 6A**: Imago Dei, Scripture, and Sacred Tradition
- **Lesson 8B**: Seamless Garment

SENIORS

THE TOUGHEST PRO-CHOICE ARGUMENTS (5 DAYS)

- **Lesson 7**: "My Body, My Choice"
- **Lesson 8**: Right to Refuse
- **Lesson 4B**: Double Effect and Catholic Moral Theology
- **Lesson 8A**: Thinking Clearly and Reasoning Beyond the Basics
- **Summative Assessment**

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