SUGGESTED LESSON GROUPINGS

Equipped for Life Academy is designed with you in mind! Whether you're in a traditional high school classroom, a church youth group, or a religious education setting, you can effectively equip your students to understand and discuss abortion intelligently and compassionately. As you learned in the *Equipped for Life Academy* orientation, this curriculum includes eight Core Lessons, six Bonus Lessons, and a Summative Assessment.

Think of these next few pages as a menu of suggested ways to mix and match the lessons to fit your needs! Core lessons are signified by numerical names and are written below in **bold font**. Bonus lessons are signified by numerical alphabetical names demonstrating their suggested location between the core lessons if you complete the entire curriculum.

High School Classroom:

Example Courses: Theology, Philosophy, Apologetics, Morality, Theology of the Body, Ethics

3-WEEK UNIT OR 1-DAY-PER-WEEK FOR ONE SEMESTER (15 CLASS PERIODS TOTAL):

- **Lesson 1: Equipped for Life Academy, An Introduction**
- Lesson 1A: Abortion History
- **Lesson 2: Practical Dialogue Tips**
- **Lesson 3: Trot Out a Toddler**
- **Lesson 4: Hard Cases**
- Lesson 4A: Pregnant and Parenting in Your Community
- Lesson 4B: Double Effect and Catholic Moral Theology
- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- Lesson 6A: Imago Dei, Scripture, and Sacred Tradition
- **Lesson 7: "My Body, My Choice"**
- **Lesson 8: Right to Refuse**
- Lesson 8A: Thinking Clearly and Reasoning Beyond the Basics
- Lesson 8B: Seamless Garment
- Summative Assessment

2 WEEK UNIT (10 CLASS PERIODS TOTAL):

- **Lesson 1: Equipped for Life Academy, An Introduction**
- **Lesson 2: Practical Dialogue Tips**
- **Lesson 3: Trot Out a Toddler**
- **Lesson 4: Hard Cases**
- Lesson 4B: Double Effect and Catholic Moral Theology
- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- **Lesson 7: "My Body, My Choice"**
- **Lesson 8: Right to Refuse**
- Lesson 8B: Seamless Garment

SUGGESTED LESSON GROUPINGS

High School Classroom Mini Units:
Focused Single-Subject Units

APOLOGETICS MINI UNIT:

- **Lesson 1: Equipped for Life Academy, An Introduction**
- **Lesson 2: Practical Dialogue Tips**
- **Lesson 3: Trot Out a Toddler**
- **Lesson 4: Hard Cases**
- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- **Lesson 7: "My Body, My Choice"**
- **Lesson 8: Right to Refuse**

PHILOSOPHY MINI UNIT:

- **Lesson 3: Trot Out a Toddler**
- **Lesson 4: Hard Cases**
- **Lesson 6: The Equal Rights Argument**
- **Lesson 7: "My Body, My Choice"**
- **Lesson 8: Right to Refuse**
- Lesson 8A: Thinking Clearly and Reasoning Beyond the Basics

THEOLOGY MINI UNIT:

- Lesson 1A: Abortion History
- **Lesson 2: Practical Dialogue Tips**
- **Lesson 3: Trot Out a Toddler**
- **Lesson 4: Hard Cases**
- Lesson 4A: Pregnant and Parenting in Your Community
- Lesson 4B: Double Effect and Catholic Moral Theology
- **Lesson 6: The Equal Rights Argument**
- Lesson 6A: Imago Dei, Scripture, and Sacred Tradition
- Lesson 8B: Seamless Garment

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SUGGESTED LESSON GROUPINGS

Church Youth Group:
1 Month Units, 1 Lesson Per Week (4 or 5 Lessons Total)

BASIC APOLOGETICS:

- **Lesson 3: Trot Out a Toddler**
- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- **Lesson 7: "My Body, My Choice"**
- **Lesson 8: Right to Refuse**

GETTING INVOLVED IN EVANGELISM & PRO-LIFE ADVOCACY:

- **Lesson 2: Practical Dialogue Tips**
- **Lesson 6: The Equal Rights Argument**
- Lesson 8B: Seamless Garment
- Lesson 4A: Pregnant and Parenting in Your Community

HUMAN DIGNITY:

- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- Lesson 6A: Imago Dei, Scripture, and Sacred Tradition
- Lesson 8B: Seamless Garment

Church Youth Group:
Essential lessons if you only have time for...

2 LESSONS:

- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**

3 LESSONS:

- **Lesson 5: The Biological Case for the Unborn**
- **Lesson 6: The Equal Rights Argument**
- **Lesson 7: "My Body, My Choice"**